

**OSTS Lecture, Winter 2026, 2nd Term
February 9th to March 16th**

Course K ***Weathered Honesty: Psalms Leading us from Lament to Praise***

Lecturer Reverend Chris Clarke

Descriptor

On this journey we will discuss why the Psalms are so important, why they are included in worship, and will identify different types of psalms (pride, thanksgiving, lament, royal, historic). Students will be asked to write a psalm, and maybe we will write one as a group on the theme of the week.

Outline

Week 1: Introduction & Psalms of wisdom (pss. 1, 37, 49, 91, 112)

Week 2: Emotions in the psalms- Individual lament (pss. 3, 54, 88, 102, 109) & communal laments (pss. 44, 74, 79, 80, 83)

Week 3: Royal Psalms (pss. 2, 20, 45, 101, 132) & Historical psalms (pss. 78, 105, 106, 137)

Week 4: Psalms of thanksgiving- individual (pss. 30, 66, 92, 118, 138) & communal (pss. 67, 124, 129)

Week 5: Psalms of Praise (pss. 8, 67, 98, 145 150) & Wrap up, from lament to praise

Bio

Rev. Chris grew up Roman Catholic, dabbled in Buddhism, studied the Beat Generation, felt the call of God to minister in the Presbyterian church and currently pastors at Westminster Presbyterian in Westboro where he lives with his wife and three sons.